



Main Items

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Message from the Chair

With the recent start of Quarter 3, we are now officially half way through the school year!

We thank all the families in our school community for your interest and engagement in the education system. Kitsilano Secondary families were well represented in responses to both the VSB survey and the District PAC survey in the Fall about class delivery this year. In addition, a report to DPAC and the VSB was submitted by the Ad hoc Committee on COVID and Education.

We are looking for a new webmaster! Daniella Kurland has done a fabulous job looking after the Kits PAC website for a number of years. Thank you Daniella! Daniella will be 'retiring' at the end of the school year and we are looking for new webmaster. If you would like to get involved and have experience and skills for managing websites, [please contact us](#).

All parents are welcome and encouraged to come to PAC meetings. You will learn more about what is happening at the school and hear from :

- invited speakers on topics of interest to parents
- updates from the Principal, Ms Bains
- updates from teacher representatives and student council

Agendas for the upcoming meeting are posted on the PAC website at [PAC Meetings - Meeting Dates](#). The minutes from previous PAC meetings are posted at [PAC Meetings - Minutes](#).

We look forward to you joining us at the next meeting and finding your way to get involved!

Please visit our [PAC website](#) for more information.

Upcoming ONLINE PAC Events

Feb 18 6:00 PM

What's Next

Options Solutions

Melinda Giampietro, hosts a discussion about post-secondary admissions and the factors influencing the 2021 cycle as well as helping students prepare and strategize for the next few years. Melinda will also share practical tips for handling new school structures and ways to creatively return to extra-curricular activities. [register](#)

Feb 23 7:00 PM

PAC Meeting

Zoom link for [registration](#)

March 9 7:00 PM

What's Next

University of Victoria

Richard Belton joins us again to provide information and answer questions for students and families in grade 10, 11, and 12. Find out about transitioning to UVic this Fall or get information to prepare for the admission process in the next few years. [register](#)

Webmaster Needed!

We are looking for a new webmaster!

The Kits PAC webmaster is 'retiring' at the end of the school year. We are looking for a new webmaster.

[Please contact us](#) if you or a member of your family have experience and skills for managing websites and would like to get involved with the Kits PAC.

Next PAC Meeting - JOIN US!

Looking forward to seeing you at the **Kitsilano PAC ONLINE meeting**

When? Tuesday, January 26, 2021

Time? 7:00 - 9:00 PM

Where? [zoom link registration](#)

Minutes from the last PAC Meeting are available on the [PAC website](#).

- You will be sent an email with your own specific link to join the meeting.
- When you join, you will enter a waiting room until the host admits you.
- Registration will remain open until after the meeting starts.
- For questions about the meeting, please contact kitspac@hotmail.com.
- For questions about registration, please contact alan.patola.moosmann@vancouverdpac.com

Community Events and Resources

Kitsilano Neighbourhood House

- Youth Drop-ins and Lounge day run regularly using Zoom, and is a place for kids in grades 7 – 12 to drop-in and hang out with other teenagers their ages in a safe space right in their own community. Drop-Ins will often include activities and special events, while Lounge day will be less structured and a place for teens to hang out and chat with friends. Check their [website](#) to find out more about upcoming online activities or subscribe to their [newsletter](#).
- Every Tuesday and Friday, 4:00 – 6:00pm – [Virtual Drop-In](#)
- Friday Feb 19, 5:30 – 7:00pm – [Virtual Cooking Class \(Burgers\)](#)

Big Sisters of BC Lower Mainland Study Buddy Program (Free)

- Study Buddy is a weekly 1:1 mentoring program that focuses on schoolwork. Students in this program not only improve their academics but also report a higher level of self-esteem and better social interaction with peers.
- Referral criteria: Female-identified youth (girls, transgender youth and non-binary) age 7 to 17 at the time of application who are in need of academic support or assistance for school-related work and able to meet the minimum time commitment (1 hour per week for at least 6 months).
- For more information, please contact: Ivy Chiang, Program Manager Email ichiang@bigsisters.bc.ca or call C: 604.832.9136
- www.bigsisters.bc.ca

Kelty Mental Health Resource Centre (BC Children's Hospital)

- BC Children's Kelty Mental Health Resource Centre provides peer support, information, and resources to help you talk to and guide a youth in your life to the services and supports they may need.
- Find tips for starting a conversation with your youth about their mental health, how to support a youth who comes to you with concerns, information on how to reach a parent peer support worker at the Kelty Centre, and additional resources and tools.
- Foundry, a unit at Kelty, offers young people ages 12-24 resources and services online and through centres across BC, including virtual counselling and youth peer support.
- Check their [website](#) for more information.

Follow Us on Instagram!

