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Message from the Chair

Last PAC Meeting of the Year - Tuesday, May 25

Next Tuesday is the last PAC meeting of the year. Come join us!

Please make a special effort to join us for this last PAC meeting of the year as it will be our last meeting with Ms Bains as she is moving to a new school in September. Come and join us in thanking her for all she has done for Kits Secondary, especially during this particularly challenging year. There will also be opportunities to ask your questions and get updates about plans for Graduation and year end activities.

PAC is already planning for next year. Executive positions are elected at the PAC AGM in September. I am stepping down as PAC Chair and we need a new Chair. We are also looking for a Vice-Chair and other executive positions. If you are interested contact me at kitspac@hotmail.com. to learn more about the roles.

Being involved with Kits PAC is a very rewarding experience. If you would like to get involved [please contact us](#).

We look forward to you joining us at the last meeting of the year!

Please visit our [PAC website](#) for more information about Kits PAC and to subscribe to this email.

Next PAC Meeting - JOIN US!

Looking forward to seeing you at the **Kitsilano PAC ONLINE meeting**

When? Tuesday, May 25, 2021

Time? 7:00 - 9:00 PM

Where? [zoom link registration](#)

Minutes from the last PAC Meeting will be available on the [PAC website](#).

- You will be sent an email with your own specific link to join the meeting.
- When you join, you will enter a waiting room until the host admits you.
- Registration will remain open until after the meeting starts.
- For questions about the meeting, please contact kitspac@hotmail.com.
- For questions about registration, please contact alan.patola.moosmann@vancouverdpac.com

What's Next - Year End Report

The What's Next Committee is very grateful to all of our presenters this year. Twelve organizations provided opportunities for our families to learn more about the options available after high school, including:

Education Planner BC
Emily Carr University of Art and Design
Simon Fraser University
UBC Faculty of Arts
Can Gap - gap year experiences
VSB Career Programs

Options Solutions
University of Victoria
Capilano University
Justice Institute of British Columbia
Kwantlen Polytechnic University
Langara College

We are most grateful to the Kits Secondary Alumni who participated in a panel presentation in November. Representing programs from Business to Music, Health Sciences to History, the alumni shared their experiences and insights on the transition to post-secondary. They also shared the drawbacks and benefits of their experience during COVID.

This year we had over 430 attendees in total. Plans are underway for next year's presentations.

If you would like to view recordings or slides from the presentations, you can find them on the Kits PAC website [HERE](#).

Each year PAC supports the school in a variety of ways, including through fundraising for equipment and supplies for extra-curricular activities.

We have been very fortunate this year to continue to support activities in the school including helping the Athletics Department renew some of the team uniforms. Thank you to Mr. Vandamme for supplying some photos of some of the uniforms that we have helped to fund.

If you would like to make a donation, you can use [School Cash Online](#)

- click **Make a Donation** on the Home Page, and
- select **Fund Destination 'S-Kitsilano PAC'**

Once you **Add to Cart** and complete your payment, you will automatically receive a **VSB system generated tax receipt**.

Thank you for generosity of time, money and care.



Community Events and Resources

Kitsilano Neighbourhood House

- The regular Youth Drop-in is every Tuesday and Friday, from 4 - 6:00 pm (except April 23rd). This is currently a virtual youth program (grades 7 - 12) for the youth to have space to meet some new friends, play games, and learn some new skills. Our activities include online group games, workshops, and sometimes holiday celebrations. See the program calendar below for details.
- The zoom link for Youth Drop-in Online is [here](#).
 - Meeting ID: 834 9528 0118
 - Passcode: 949754
- Subscribe to the Kits Neighbourhood House [Youth Program Newsletter](#)

Big Sisters of BC Lower Mainland Study Buddy Program (Free)

- Study Buddy is a weekly 1:1 mentoring program that focuses on schoolwork. Students in this program not only improve their academics but also report a higher level of self-esteem and better social interaction with peers.
- Referral criteria: Female-identified youth (girls, transgender youth and non-binary) age 7 to 17 at the time of application who are in need of academic support or assistance for school-related work and able to meet the minimum time commitment (1 hour per week for at least 6 months).
- For more information, please contact: Ivy Chiang, Program Manager Email ichiang@bigsisters.bc.ca or call C: 604.832.9136
- www.bigsisters.bc.ca

Kelty Mental Health Resource Centre (BC Children's Hospital)

- BC Children's Kelty Mental Health Resource Centre provides peer support, information, and resources to help you talk to and guide a youth in your life to the services and supports they may need.
- Find tips for starting a conversation with your youth about their mental health, how to support a youth who comes to you with concerns, information on how to reach a parent peer support worker at the Kelty Centre, and additional resources and tools.
- Foundry, a unit at Kelty, offers young people ages 12-24 resources and services online and through centres across BC, including virtual counselling and youth peer support.
- Check their [website](#) for more information.

Youth Empowering Youth

- Youth Empowering Youth (Yey) is a developmental movement led by teens for teens to nurture, support, and strengthen young leaders.
- Yey is a safe, positive place where teens can explore their talents while equipping themselves with the life skills they need to reach their goals.
- Through a comprehensive curriculum based on the Slight Edge Principles, Yey dives into real issues like identity, self-assurance, resiliency, and taking responsibility for thoughts, feelings, and actions.
- Each 90-minute Zoom class builds on the principles of the last lesson and is designed to be fully participatory and interactive.
- For more information check the Yey website [here](#).

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